

# Counselling Help Desks for Foreign Residents

平成 26 年 7 月 29 日現在

Organisation (Telephone Number)	Location	Counselling Details	Opening hours and language availability
Yamagata Center for International Exchange (023-646-8861) (FAX:023-646-8860) E-mail:airy-sou@jan.ne.jp	Yamagata City	Everyday life and general counselling	English : Tue~Sat 10:00~17:00 Chinese : Tue & Fri 10:00~14:00 Portuguese : Wednesday 10:00~14:00 Korean : Thursday & Saturday 10:00~14:00 Tagalog : Friday 10:00~14:00 (Closed on Mondays, National Holidays and New Year)
Yamagata City International Relations Center (023-647-2275) (FAX:023-647-2278)	Yamagata City	General Counselling	English, Chinese and Korean: 9:30~17:00 Tue~Sun, 9:30-17:00 (Closed on Mondays, National Holidays and New Year)
		Specialist Counselling	The First and Third Wednesday of the month, 11:00~15:00 Counselling by specialists is available in English, Chinese and Korean.
		※Counselling in other languages including Tagalog, Portuguese, Thai and Indonesian are available on appointment.	
International Volunteer Centre of Yamagata (IVY) (023-634-9830) : Weekdays (090-2365-1208) : Sat/Sun (FAX:023-634-9884) E-mail:dzb23053@nifty.com or LER04525@nifty.com	Yamagata City	Everyday life and general counselling  Interpreters dispatched on request (medical treatment, welfare, education, legal affairs, etc.)	On Request  Services are available in English, Chinese, Korean, Portuguese, Tagalog, Spanish, Thai and Russian.  NB: Conference Interpreting via telephone is free of charge. Dispatching an interpreter in person is not free, and is charged on a case-by-case basis.  Interpretation and counselling must be booked in advance, as counsellors are not always available in the office. They will return your call at a later time.
Yonezawa City International Relations Association (0238-33-9146) (FAX:0238-33-9147) E-mail:yira@omn.ne.jp	Yonezawa City	Everyday life and general counselling	Tue-Sun 10:00~17:00 ※Closed on Mondays, English (available over the phone and in person)
Takahata Cross-culture Community Center	Takahata Town	Everyday life and	Mon-Fri 9:00~15:30 English, Chinese and Korean available on request (by

(0238-52-5702) (FAX:0238-52-5701)		general counselling	appointment)
Dewa Shonai International Forum (0235-25-3600) (FAX:0235-25-3605) 090-9638-5600(English) 090-9638-5621(Chinese) 090-3645-9627 (Korean) 090-7563-0936 (Japanese)	Tsuruoka City	Everyday life and general counselling  Interpreters dispatched on request (medical treatment, welfare, education, legal affairs, etc.))	Tue~Sun 9 : 00~17 : 30(Closed Mondays) English, Chinese and Korean available. Support available 24 hours a day via mobile  ※In addition, counselling in Tagalog, Spanish, Thai and Russian is available on request (appointment in advance)
Sakata City International Friendship and Exchange Center (0234-26-5615)	Sakata City	Everyday life and general counselling	Mon~Fri 9 : 00~16 : 00 English, Chinese, Korean and Russian (appointment required)
Shonai Town International Exchange Association (0234-42-0228)	Shonai Town	Everyday life and general counselling	Mon~Fri 9 : 00~17 : 15 English