

Regarding the First Confirmed COVID-19 Case in Yamagata Prefecture

March 31st 2020

On 31st March, the first case of COVID-19 was confirmed within Yamagata Prefecture. The route of transmission and the condition of those who had contact with the infected person is currently under investigation.

Those who were in close contact with the patient are currently undergoing thorough epidemiological checks in order to prevent further spread of the virus.

1) Case Summary

Age	20s
Sex	Female
Place of Residence	Kanagawa Prefecture
Route of Travel	No travel outside Japan within 14 days prior to infection 3/24 (Tue): <ul style="list-style-type: none">- Entered Yamagata Prefecture in order to take part in the Yonezawa Driving School Driving License Program (Hanazawa, Yonezawa City)- Since entering, stayed at accommodation facilities managed by the Yonezawa Driving School 3/25 (Wed) ~ 3/28 (Sat): <ul style="list-style-type: none">- Undertook driving lessons
Symptoms/Developments	3/27 (Fri): <ul style="list-style-type: none">- Developed a fever (38C), fatigue, phlegmy 3/28 (Sat): <ul style="list-style-type: none">- Fatigue, phlegmy 3/29 (Sun): <ul style="list-style-type: none">- Developed a fever (37C), fatigue, phlegmy- That evening, phoned the Okitama Healthcare Center- After explaining symptoms to the Healthcare Center, was ordered to rest in own room 3/30 (Mon): <ul style="list-style-type: none">- Fever (37C), fatigue, phlegmy- In the morning, checked symptoms with the Healthcare Center again, and was sent to the COVID-19 ward

	<ul style="list-style-type: none"> - Examined in the COVID-19 ward, samples taken, then received a PCR test at the Prefectural Health Research Center <p>3/31 (Tue):</p> <ul style="list-style-type: none"> - PCR test results come back positive - Advised to be hospitalized
Current Condition	Light symptoms and in a stable condition

2) Response

As well as administering a PCR test to those who were in close contact with the patient, health checks will be done on the students and employees of the driving school. If any symptoms are detected, the individuals will be taken to the Okitama Health Center as quickly as possible.

3) To the Citizens of Yamagata Prefecture

Please stay calm, practice careful handwashing and cough etiquette etc. in order to help prevent the spread of the virus.

Also, in order to prevent further spread of infection, please refrain from non-essential, non-urgent trips outside of the Prefecture for the time being.

Updated as of April 2nd, information published in the *Yomiuri Shimbun*

- Yamagata Prefecture understands that seven individuals who were in close contact with the patient have been tested and all results were negative
- Extra-curricular activities for elementary school students in Yonezawa have been suspended
- The re-opening of the schools in Yonezawa has been extended until at least April 15th for the time being.